Teach students about puberty and sexual health with comfort, confidence and competence! Join other fearless Vancouver teachers in learning how to implement the VSB program *Growing Up: Teaching Sexual Health – Grades 5, 6 & 7*.

Developed by Vancouver teachers, *Growing Up* provides new approaches, teaching strategies, games, and activities for teaching sexual health education and supports the provincial learning outcomes.

In this training series you will:

- Increase your knowledge of puberty and sexual health
- Explore the *Growing Up* program and become familiar with the lesson plans
- Learn how to answer challenging questions
- Become a “pubertologist” and a valuable resource to your students!

Note: Teachers will receive the program binder

**Audience:** Teachers, including Area Counsellors, who will teach the puberty component of the Grade 6/7 Physical Health & Education curriculum. Support staff (Youth & Family Workers, Aboriginal Enhancement Workers and Multicultural Liaison Workers, etc.) are welcome to attend as part of a team with a Grade 6/7 teacher and/or Area Counsellor.

**Presenters:** Kristen Gilbert, Director of Education, Options for Sexual Health
Jessica Wollen, Shift Education
Selma Smith, District Principal, VSB

**Dates:** Participants must attend both sessions. *Grades 5, 6 and 7 are together on Day 1.*

**Day 1:** Friday November 9, 2018 9:00 a.m. – 3:00 p.m.
Location TBA

**Day 2:** Friday February 15, 2019 9:00 a.m. – 12:00 p.m.
Location TBA.

**Contact:** Selma Smith, District Principal, Student Support Services
shsmith@vsb.bc.ca
604-713-5216

Register online at: [https://prod.vsb.bc.ca](https://prod.vsb.bc.ca) under Current Pro D Opportunities, Social Responsibility